

## CAPISTRANO UNIFIED SCHOOL DISTRICT GUIDELINES FOR ONLINE INDEPENDENT PHYSICAL EDUCATION (IPE)

### I. POLICY ACCEPTANCE INFORMATION

Online Independent Physical Education (IPE) is an option for students in grades 6-10 who compete in an individual sport to an exceptional degree of competition. The student must be a nationally ranked athlete, or equivalent, performing or competing at a nationally recognized level (see Sports Qualifications).

**Team sport participation does not qualify for Independent Physical Education.**

A student cannot be placed into (IPE) unless he/she applies online and submits a completed application and is approved prior to the start of the semester. **(IPE) applications are to be submitted prior to start of semester.**

**ALL** of the following must be included for consideration to the Online IPE Program.  
(Incomplete applications will not be considered for approval):

- 1. Signed "GUIDELINES FOR ONLINE INDEPENDENT PHYSICAL EDUCATION" (IPE) (Signed by Parent, Student & Coach - below.)**
- 2. Weekly Practice Schedule - included in the email you received.**
- 3. Competition Schedule - included in the email you received.**
- 4. Printed & Highlighted Verification of Ranking or Level of Competition/Performance - not included in the email.** From a sanctioned independent ranking organization for the specific sport/activity.  
See IIA. below- Print and include this documentation within your IPE Application Packet.

### II. GUIDELINES FOR ONLINE INDEPENDENT PHYSICAL EDUCATION (IPE)

A. **Verification of Ranking, if unsure, see [Sports Qualifications](#)** – Provide a current and verifiable rank of national or equivalent level, or must provide evidence of individual competition/performance at an exceptional level, generally equivalent to a national level. **Highlight what is qualifying your student for IPE. (Scores/Times).**

B. Requests for Online IPE must be approved by school site Administration or district administrator.

**C. Students requesting placement in IPE may first be enrolled in a physical education class. The student is to continue to attend and participate in that class until the Online IPE application has been approved and the student's schedule reflects enrollment in the course.**

D. The IPE sport must be a regularly scheduled instructional activity meeting each week during the semester under the ongoing supervision of a qualified instructor. Student must complete each semester.

E. A grade for (IPE) will be calculated based on scores from the Online P.E. Course (assignments, quizzes, tests, and exams). Also, by sport activity hours, called "Activity Logs" where verification is submitted monthly to the Online Instructor, this (can include practices and competition). **Failure to turn in monthly work samples will result in grade penalty and possible removal from the Online IPE program.**

**F. Students must maintain a satisfactory academic status with a minimum 2.0 G.P.A., and have regular attendance, satisfactory campus and classroom behavior to remain in Online IPE.**

G. If an athlete cannot actively participate in IPE for more than ten consecutive days because of injury or some other reason, he/she must notify site Admin. (to discuss options).

**H. Students must be off-campus and under parent or guardian supervision during their Online IPE period.**

I. All 7<sup>th</sup> and 9<sup>th</sup> grade IPE students will be expected to test for the annual Physical Fitness Testing (PFT) in spring of 2020. Sites, locations, and times will be determined in January of 2020 and shared with families, offering opportunities to assess for the state mandated testing.

**Before you go on to the online application, your signature below indicates that you have read, agree to provide all qualifying documentation to the site Administrator in charge of IPE, and abide by ALL CUSD Guidelines for Online Independent Physical Education stated in this document.**

Parent Signature	Date	Student Signature
		Date
		Coach Signature
		Date

### **III. Independent PE Absences**

Beginning in 2016-17 students who have qualified for and have been enrolled in IPE will receive the same opportunity to have their absences excused for sanctioned and documented competitions related to their sport as any other athlete.